# THE THIRD ANNUAL Stroke and Neurocritical Care Symposium

Extending the Windows and Saving Lives Beyond Expectation

> Friday, October 8, 2021 Live Virtual CME/CE Activity

**RWJBarnabas** HEALTH



# 2021 HIGHLIGHTS

Wake up stroke:

TPA is no longer for just 4.5 hour

#### Use the newer and better thrombolytic therapy:

How we switched from alteplase to tenecteplase

# Renal replacement therapy:

• We understand early makes no sense but how late is too late?

#### Hypothermia and temperature management:

Is it dead?

# Hot topics and controversies:

 How to make decisions on complex cases when there are no class I recommendations available



# **COURSE DIRECTORS' MESSAGE**

Welcome to our third annual CME course on Stroke and Neurocritical Care (SNCC): Extending the Windows and Saving Lives Beyond Expectation. For safety, this year's symposium will again be virtual.

There are several hot topics including the new TPA, tenecteplase, administrating IV thrombolytic therapy for strokes with unknown onset as well as the new RCT data from TTM-2.

In addition, emphasis will be on improving care for the primary neurocritical condition, better recognition, prevention, and correction of medical complications and secondary brain injury. Examination of health care delivery, management strategies, and identification of individual thresholds by means of advanced technology will all play important roles. Neurocritical care and research is a multidisciplinary and multiprofessional effort, and neurointensivists are tasked to lead this effort to further advance their field.

Please join us for this exciting third annual CME program on Stroke and Neurocritical Care!



Kiwon Lee, MD, FACP, FAHA, FCCM

Professor and Chief of Service, Department of Neurology Chief of Stroke and Neurocritical Care Division Director of Comprehensive Stroke Center and Neurocritical Care Unit Rutgers, The State University of New Jersey Robert Wood Johnson Medical School Robert Wood Johnson University Hospital



Anil Nanda, MD, MPH, FACS Professor and Chair, Department of Neurosurgery Rutgers, The State University of New Jersey New Jersey Medical School & Robert Wood Johnson Medical School Peter W. Carmel M.D. Endowed Chair of Neurological Surgery Senior Vice President of Neurosurgical Services RWJBarnabas Health

# **COURSE DESCRIPTION**

The third annual Stroke and Neurocritical Care (SNCC) Symposium is designed to provide physicians and allied healthcare professionals a comprehensive overview on the cutting-edge management for cerebrovascular diseases and neurocritical care. Topics to be covered include neurovascular surgery, cerebrovascular emergencies and neurocritical care. In addition, medical crossfire debates, consisting of experts in the field, will provide spirited discussions and debates on a particular clinical issue.

# **LEARNING OBJECTIVES**

Upon completion of this activity, participants should be able to:

- Assess the latest evidence-based medical literature in acute neurological and neurosurgical emergencies including strategies for resuscitating patients with injured brains due to various etiologies.
- Discuss latest evidence on acute stroke therapeutics including the use of thrombolysis for patients with unknown onset of stroke and new TNK as alternative to alteplase.
- Describe the emerging research in neurological and neurosurgical emergencies.
- > Recognize key methods for treating multiple end organ system failures that occur in patients with acute brain injury.
- Review the latest international guidelines on ischemic/hemorrhagic stroke, neurotrauma and neuro-intensive care medicine.

# TARGET AUDIENCE

This activity is designed for general and consult neurologists, stroke neurologists, neuro-intensivists, general, vascular, spine and trauma neurosurgeons, pulmonary critical care medicine physicians, surgical critical care and general/trauma surgeons, anesthesiology critical care medicine physicians, emergency medicine physicians, critical care registered nurses, neuroscience nurses, acute care nurse practitioners, physician assistants, EMTs and paramedics, pharmacists, and physicians and surgeons in training.

# **KEYNOTE SPEAKER**

#### Niklas Nielsen, MD, PhD, DEAA, EDIC

Associate Professor, Department of Clinical Sciences, Lund University Consultant Anesthesiology and Intensive Care, Helsingborg Hospital Lund, Sweden

#### RUTGERS BIOMEDICAL AND HEALTH SCIENCES AND ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL SPEAKERS

#### Roger Cheng, MD

Assistant Professor of Neurology Division of Stroke and Neurocritical Care Rutgers Robert Wood Johnson Medical School Robert Wood Johnson University Hospital

#### Ram Gowda, MD

Assistant Professor of Neurology Division of Stroke and Neurocritical Care Rutgers Robert Wood Johnson Medical School Robert Wood Johnson University Hospital

#### Brad Kamitaki, MD

Assistant Professor of Neurology Rutgers Robert Wood Johnson Medical School Robert Wood Johnson University Hospital

#### Priyank Khandelwal, MD

Assistant Professor of Neurology and Neurosurgery Rutgers New Jersey Medical School

#### Kiwon Lee, MD, FACP, FAHA, FCCM

Professor and Chief of Service Department of Neurology Chief of Stroke and Neurocritical Care Division Director of Comprehensive Stroke Center and Neurocritical Care Unit Rutgers Robert Wood Johnson Medical School Robert Wood Johnson University Hospital

#### Deviyani Mehta, MD

Associate Professor of Neurology Associate Program Director, Neurology Residency Site Fellowship Director, Vascular Neurology Division of Stroke and Neurocritical Care Rutgers Robert Wood Johnson Medical School Robert Wood Johnson University Hospital

#### Raymond Mirasol, MD

Assistant Professor of Neurology Division of Stroke and Neurocritical Care Rutgers Robert Wood Johnson Medical School Robert Wood Johnson University Hospital

#### Anil Nanda, MD, MPH, FACS

Professor and Chairman Department of Neurosurgery Rutgers New Jersey Medical School and Rutgers Robert Wood Johnson Medical School Peter W. Carmel, M.D. Endowed Chair of Neurological Surgery Senior Vice President of Neurosurgical Services RWJBarnabas Health

#### Emad Nourollah-Zadeh, MD

Assistant Professor of Neurology Division of Stroke and Neurocritical Care Rutgers Robert Wood Johnson Medical School Robert Wood Johnson University Hospital

#### Margaret Pain, MD

Assistant Professor of Neurology and Neurosurgery Rutgers Robert Wood Johnson Medical School Robert Wood Johnson University Hospital

#### Sudipta (Sid) Roychowdhury, MD

Clinical Professor of Radiology, Neurosurgery and Neurology Director of Interventional Neuroradiology Rutgers Robert Wood Johnson Medical School Director of Magnetic Resonance Imaging University Radiology Group

#### Igor Rybinnik, MD

Associate Professor of Neurology Division of Stroke and Neurocritical Care Rutgers Robert Wood Johnson Medical School Robert Wood Johnson University Hospital

#### Hai Sun, MD, PhD

Associate Professor of Neurosurgery Rutgers Robert Wood Johnson Medical School Robert Wood Johnson University Hospital

**Faculty Disclosure:** All individuals who affect the content of continuing education activities are required to disclose to the audience any real or apparent conflict of interest related to the activity. The activity faculty are further required to disclose discussion of off-label/investigational uses in their presentations. These disclosures will be made to the audience at the time of the activity.

# **INVITED GUEST FACULTY SPEAKER**

#### Christopher Kellner, MD

Assistant Professor, Department of Neurological Surgery Mount Sinai School of Medicine New York, New York

# Extending the Windows and Saving Lives Beyond Expectation

7:45 a.m.	Login (Virtual Exhibit Hall		
7:55 a.m.	Login / Virtual Exhibit Hall Welcome Remarks		
7.55 d.m.	Kiwon Lee, MD		
Session 1: Neurovascular Surgery and Intervention		Session 3: Critical Care Medicine for Neuro Patients	
Moderator:	Hai Sun, MD, PhD	Moderator:	Emad Nourollah-Zadeh, MD
8:00 a.m.	Got Aneurysm? Neuroimaging Artifacts and Pitfalls in Cerebral Aneurysm Diagnosis Sudipta Roychowdhury, MD	1:30 p.m.	Brain Oximetry: Pinnacle of Multimodality Monitoring Margaret Pain, MD
8:20 a.m.	Post COVID Vaccine Thrombotic Complications: Can We Do Mechanical Thrombectomy! Priyank Khandelwal, MD	1:50 p.m.	<b>Renal Replacement Therapy: Early Doesn't Help But How Late Is Too Late?</b> Roger Cheng, MD
8:40 a.m. <b>S</b>	Surgery for Aneurysms That Are Not Amenable to Endovascular Approach Hai Sun, MD, PhD	2:10 p.m.	<b>ARDS: This is How I Manage It</b> Ram Gowda, MD
		2:30 p.m.	EEG for Critically III and Comatose Patients Brad Kamitaki, MD
9:00 a.m.	Emergent Minimally Invasive ICH Evacuation: Translating Advances in Stroke Care to ICH Christopher Kellner, MD	2:50 p.m.	Acute Carotid and Vertebral Dissections: How to Detect and Manage Igor Rybinnik, MD
9:20 a.m.	Brain Aneurysm: Rapture in the Face of Gorgon Anil Nanda, MD, MPH	3:10 p.m.	Panel Discussion / Q&A
0:10		3:20 p.m.	Break and Virtual Exhibit Hall
9:40 a.m.	Panel Discussion / Q&A		
9:50 a.m. Break and Virtual Exhibit Hall Session 2: Cerebrovascular Emergencies Mederator		Session 4: Expert Medical Crossfire Debates Real-life questions, Real-life answers. We need answers for decision-making process, <i>before</i> randomized controlled trials present class I evidence.	
Moderator:	Kiwon Lee, MD	Moderator:	Roger Cheng, MD
10:05 a.m.	Management of Unruptured Cerebral Aneurysms Emad Nourollah-Zadeh, MD	3:35 p.m.	ROUND 1 "Neuro patients who failed extubation once need to be extubated again to give them another chance" Yes: Roger Cheng, MD No: Kiwon Lee, MD
10:25 a.m.	Poor Grade SAH: The Battle Actually Begins after Securing the Ruptured Aneurysms Kiwon Lee, MD		
10:45 a.m.	Intracerebral Hemorrhage: Does the Intervention Work? Ram Gowda, MD	4:00 p.m.	p.m. <b>ROUND 2</b> "There still may be a role for hypothermia after cardiac arrest" <b>Yes:</b> Ram Gowda, MD <b>No:</b> Kiwon Lee, MD
11:05 a.m.	<b>Thrombolysis for Unknown Onset</b> Raymond Mirasol, MD		
11:25 a.m.	<b>Tenecteplase: Why and How</b> Deviyani Mehta, MD	4:25 p.m.	Closing remarks and information on next year's meeting Kiwon Lee. MD
11:45 a.m.	Keynote Presentation: Niklas Nielsen, MD TTM after Cardiac Arrest – The New TTM-2 Results		KIWOII Lee, MD
12:15 p.m.	Panel Discussion / Q&A		
12:25 p.m.	Break and Virtual Exhibit Hall		

#### **Registration Fee: Complimentary**

#### Pre-registration is required.

Registration for the symposium can only be accepted through our secure online website until October 5, 2021.

#### To Register: https://rutgers.cloud-cme.com/2021SNCCSymposium

#### Confirmation

Once registered, you will receive an email confirmation. As the activity approaches, you will receive additional information to assist you with your plans to participate in this activity.

#### **Course Material**

In an effort to provide the most complete materials to attendees and conserve resources, PDF versions of the lecture slides will be made available online to registered attendees. Additional information will be provided in future confirmation communication.

#### Virtual Live Meeting via WebEx

Additional information and instructions for WebEx access will be emailed to registrants the week of October 4, 2021.

#### Accreditation



In support of improving patient care, this activity has been planned and implemented by Rutgers Biomedical and Health Sciences and RWJBarnabas Health. Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**PHYSICIANS** – Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**NURSES** – This activity is awarded 6.75 contact hours (60-minute CH). Nurses should only claim those contact hours actually spent participating in the activity.



**PHYSICIAN ASSISTANTS** – Rutgers Biomedical and Health Sciences has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

#### **Method of Participation**

In order to meet the learning objectives and receive continuing education credit, participants are excepted to formally register for the activity, watch the webinar and complete an online evaluation at the conclusion of the activity. A letter certifying attendance and credit verification will be emailed to participants upon completion of the online evaluation.

For any other questions, concerns, or if you require special arrangements to attend this activity, please contact CCOE by email at ccoe@rbhs.rutgers.edu.

Rutgers and RWJBarnabas Health reserve the right to modify program content, faculty and program activities. It also reserves the right to cancel the activity if necessary.

# 2021 ANNUAL MEETING COMMITTEE

Kiwon Lee, MD, FACP, FAHA, FCCM Anil Nanda, MD, MPH, FACS Gaurav Gupta, MD Igor Rybinnik, MD Deviyani Mehta, MD James Andrews, MHL Nicholas Maglione, MHA Lindsey Smith, MSN, RN, SCRN Kimberly Hollender, MSN, ACNP-BC Devon Orzano, MSN, ACNP-BC Alice Edwards, MSPA-C Patrick Dwyer, Director of CME